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PhilHealth board recommends end of single period confinement rule

MANILA – The Benefits Committee (Ben-Com) of the Philippine Health Insurance Corp. (PhilHealth) Board of Directors has decided to create a new policy that would remove the single period of confinement rule.

In a meeting on Tuesday, Health Secretary and PhilHealth Board chair Teodoro Herbo-



sa said the new policy would be recommended to the board en banc that is scheduled to meet on Friday. The single period of confinement rule (Turn to p. 2)

Marcos sees rice prices going down further

MANILA – President Ferdinand R. Marcos Jr. is optimistic that rice prices would go down further, consistent with the current price trend of the staple in Southeast Asia.

In a sectoral meeting in Malacañang Tuesday, Marcos discussed with top government officials ways on managing food and non-food inflation.

During the meeting, the President said rice prices are following the government's pro-

jections.

“Doon sa rice, mukha namang sumusunod dun sa projections natin sa rice prices (As for rice, it seems that the prices are within our projections). And it seems to be consistent again with the same experience of other ASEAN [Association of Southeast Asian Nations] countries like Thailand and Vietnam,” Marcos said, as quoted by a Presidential Communications Office (PCO)

news release.

“So, I think as the time goes on, that should improve,” he added.

Inflation slowed to 3.3 percent in August this year from 4.4 percent in July due to the decrease in food inflation, which eased to 4.2 percent from 6.7 percent.

The reduction was due to the decline in rice inflation which went down to 14.7 percent from 20.9 percent (Turn to p. 2)

Gov't plans to buy 600K doses of ASF vaccines before yearend

MANILA – The government is looking to complete the procurement of 600,000 doses of vaccine against African swine fever (ASF) within the year to rebuild the country's pork industry.

In a Palace press briefing on Tuesday, Agriculture Secretary Francisco Tiu-Laurel said inoculation for the initial 10,000 doses of ASF vaccination will

be finished this month, with an additional 450,000 doses expected to be delivered later this year.

“The first 10,000 doses, the vaccination will be finished by the end of the month. The schedule for the award for the next 450,000 doses is on October 10, of which we will take delivery of 150,000 doses by then,” Tiu-Laurel said.

“But we hope to complete the procurement of 600,000 doses by (the) end of December this year,” he added.

In July 2019, the Philippines reported its first cases of ASF in Rizal province since then, the virus has spread to other provinces including Batangas, Bulacan, Pampanga, Nueva Ecija, and Cavite.

The ASF outbreak



PALACE MEETING. President Ferdinand R. Marcos Jr. presides over a sectoral meeting on Managing Food and Non-food Inflation on Tuesday (Sept. 24, 2024) at the State Dining Room of the Malacañan Palace in Manila. The President, during the meeting, expressed confidence that rice prices would go down further, consistent with the current price trend of the staple in Southeast Asia. (Presidential Photojournalists Association)

significantly impacted the Philippine pork industry, resulting in the culling of 300,000 pigs and a decline in the growth rate of pork production.

Beyond affecting farmers, the ASF also led to higher pork prices, impacting vulnerable consumers' livelihoods.

To address this, the government launched its first vaccination



among 41 healthy and ASF-negative hogs in small backyard farms in Lobo town in Batangas, which has been identified as ground zero for the largest ASF outbreak since the monsoon season (Turn to p. 2)

MARCOS.... FR P.1

in July.

It was the lowest rice inflation recorded since the 13.2 percent recorded in October 2023.

Despite this, rice was the top inflation driver and prices of the staple remain elevated.

According to the PCO, prices of rice in Vietnam and Thailand moderated last month, as available data for September showed a decline in the prices of the staple.

The landed cost of the imported staple declined by 15 percent, or around PHP7 per kilogram, as of mid-September, following the implementation of reduced tariffs under Executive Order No. 62, s. 2024, the PCO said.

Marcos said the country also has to resort to sugar importation to ensure supply and stabilize prices.

GOV'T... FR P.1

began.

The inoculation program will be expanded to reach other areas in Visayas and Mindanao.

According to Tiu-Laurel, the ASF vaccination will help rebuild investor confidence in the Philippines' hog industry.

"Hopefully everything will be implemented on schedule. Sana by next year, puro repopulating nalang tayo at tuluy-tuloy na ang paglaki at pagbalik ng population ng ating mga baboy to above 14 million heads. Ngayon nasa around 7.5 million heads lang eh ang baboy na estimate natin (We're hoping that by next year, we will just focus on repopu-

The retail price of refined sugar remains elevated at 35 percent, higher than the January 2022 level, before prices spiked.

Addressing ASF

Meanwhile, to address African swine fever (ASF), among the recommendations being explored by the government is to incentivize affected hog raisers, and facilitating the procurement of the remaining 450,000 doses of the ASF vaccine once stocks become available.

It was also recommended that the Department of Agriculture (DA) prioritize the provision of free doses of the ASF vaccine to smallholder swine raisers, who account for more than 70 percent of the country's swine inventory. (PNA)

lating and the population of our pigs will continue to grow and return to above 14 million heads. According to our estimate, we only have around 7.5 million heads," the agriculture chief said.

Overstaying rice containers

In the same press briefing, Tiu-Laurel said some of the consignees of the over 800 containers containing 23 million kilos of imported rice found to be overstaying at the Manila Port have already shut down operations.

However, the agriculture chief said his department is investigating to determine if there are criminal liabilities on the part of

Longer nights, cooler days ahead – PAGASA

MANILA – The upcoming onset of the northeast monsoon or "amihan" season may bring cooler days ahead and longer nights due to the equinoxes, the head of the Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) said Monday.

PAGASA Administrator Nathaniel Servando said Sept. 22 is autumnal or fall equinox, when neither the earth's pole is tilted.

"It marks the beginning of the earth to tilt away from the sun, and just the beginning of longer night and shorter daytime," he told the Philippine News Agency.

He added that meteorologically, Sept. 22 marks the end of northern hemisphere summer and the start of autumn season.

PAGASA's recorded sunrise on Sept. 22 was 5:45 a.m. and sunset at 5:52 p.m.

Servando said sunrise on Monday is at 5:45 a.m. and sunset at 5:51 p.m., a minute earlier from the previous sunset.

Those in the equator had an equal daytime and nighttime on Sept. 22, he said.

The Philippines, which is in the northern hemisphere, could expect the start of the winter season on Dec. 21 (winter solstice) until March 20 (vernal or spring equinox) or the start of spring.

the consignees.

He added that those containers that will be deemed abandoned may be taken and used by the government for

"The longest nighttime will be on Dec. 21, when either of the earth's pole reaches its maximum tilt (23.5 degrees) away from the Sun," Servando said.

Servando said that on Dec. 21, the day will be shorter by about 1 hour and 44 minutes.

For comparison, he said that last June 21, sunrise was at 5:28 a.m. and sunset was at 6:28 p.m.

On Dec. 21, sunrise will be at 6:16 a.m. while sunset will be at 5:32 p.m.

"Then the earth's tilt will move towards zero degree again on March 20 (during vernal or spring equinox) and daytime and nighttime will be equal again," he said.

Meanwhile, Servando said the public could also look forward to cooler temperatures in the coming days due to the "amihan" season.

"In the coming days, the winds will be colder due to the shift from 'habagat' (southwest monsoon) to 'amihan'," he said.

However, there is no indication yet to terminate "habagat" as the prevailing weather system, Servando said.

"But normally, the onset of 'amihan' season falls between the last week of September to first week of October. It varies," he said.

The onset of "amihan" season was declared on Oct. 20, 2023 and was terminated last March 22. (PNA)

programs such as the Kadiwa project once the rice shipments pass their food safety and quality checks. (PNA)

PHILHEALTH...FR. P. 1

means that admissions and re-admissions due to the same illness or procedure within a 90-calendar day period shall only be compensated with one case rate benefit.

PhilHealth's All Case Rates Policy No. 2 (PhilHealth Circular 0035, series of 2013) states that availing of the benefit for the same illness or procedure – not separated from each other by more than 90 calendar days – will not be provided with a new benefit, until after the 90-calendar day period computed from the date of admission.

In 2023, the rule resulted in the denial of 26,750 claims, including community-acquired pneumonia, acute gastroenteritis, urinary tract infection, and chronic kidney disease.

"We are now in the era of the Universal Health Care Act of 2019, decades after the Philippine Medical Care Act of 1969," Herbosa said. "Technologies against fraud are also better today."

He added that health benefits policies must be fixed to bring down the out-of-pocket payments of Filipino families. (PNA)

Do not withhold good from those to whom you should give it if it is within your power to help.
Proverbs 3:27

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The Localized Kilos Unlad Training (LOKUT) in support for the protection of children held on September 18-19, 2024, at Bulwagang Tanglaw, DepEd Compound, Trece Martires City, was a significant gathering of the Provincial Advisory Council (PAC) of the Pantawid Pamilyang Pilipino Program (4Ps). It brought together council members for an insightful and impactful two-day training to draft a Provincial Action Plan aimed at improving the implementation of the 4Ps program across Cavite focusing on poverty reduction, community development, and sustainable livelihood projects.

Workshops and interactive discussions were facilitated by program experts from the Department of Social Welfare and Development (DSWD) Region IV-A. Leading the session was Ms. Nilibeth V. Mercado, Division Chief of the Pantawid Pamilyang Pilipino Program (PPPPMO), Ms. Joanna Liezel S. De Luna, Regional Child Psychologist, Mr. Jay O. Olaguir, Regional Monitoring and Evaluation Officer, Ms. Nherrie Joy C. Rollo, IPD Officer for LGU, Ms. Marinee G. Santiago, SWO II, and Ms. Mildred Mina, Provincial Link.

The sessions focused on capacity-building and leadership, which further equipped the participants with the skills needed to implement the proposed action plan. With the commitment of the council and the participants, the training successfully paved the way for a more structured and effective approach to uplifting the lives of 4Ps beneficiaries in the province.

Adding to the meaningful discussions, a testimony from a program graduate was delivered by Mr. Gerry Guanlao, who shared his personal journey and how the program transformed his family's life. His inspiring story emphasized the significant role that government initiatives play in uplifting communities and improving lives.--- OPIO



Recently, Governor Jonvic Remulla and the Provincial Government of Cavite conducted the "Ugnayan sa Barangay" program in Barangay Hugo Perez, Trece Martires City. The initiative aims to strengthen community ties and share the government's vision for a prosperous future across the province.

During the event, Governor Remulla led an interactive session, outlining the government's comprehensive programs focused on healthcare, education, infra-



Kalinga sa Kalikasan in Naic

Recently, the town of Naic came together for "Kalinga sa Kalikasan," a community event aimed at cleaning and revitalizing local areas, spearheaded by the Provincial Government of Cavite. The initiative gathered 2,500 volunteers in Barangay Halang, who demonstrated their collective commitment to environmental care and community unity.

The event was joined by local leaders, including Governor Jonvic Remulla, Board Member Ver Ambion, Mayor Raffy Dualan of Naic, and Ms. Jacinta Remulla, who lent their support, expressing pride in their constituents for their active participation.

Kalinga sa Kalikasan was not only a successful cleanup but also a celebration of community solidarity. The efforts of the people, alongside their local leaders, made a significant impact on both the environment and the spirit of unity in Naic.



Thousands of volunteers engaged in Kalinga sa Kalikasan program.

Governor Jonvic Remulla and Vice Governor Athena Bryana Tolentino visited the Municipality of Maragondon to bring the Kalinga sa Kalikasan program recently. The event attracted thousands of volunteers who actively participated in a clean-up drive, contributing to environmental conservation and enhancing the community's beauty.

The presence of Governor Remulla, Vice Governor Tolentino, and local officials added significance to the event at Maragondon Municipal Plaza, as they engaged with the residents, fostering a sense of community spirit.

structure, and social services.

The event also addressed the basic needs of local families, with rice distributions symbolizing the government's dedication to inclusive and transparent governance. The "Ugnayan sa Barangay" program exemplifies the Provincial Government's commitment to empowering communities and improving the lives of Cavite residents through participatory governance.

**SAY NO
TO
DRUGS**

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
Branch 90
DASMARIÑAS CITY, CAVITE

File No. FC-DC-1368-24
EXTRA JUDICIAL FORECLOSURE
OF REAL ESTATE MORTGAGE
UNDER ACT 3135, AS AMENDED
BY ACT 4118

SPS. EMILIA SARILE RUBIN AND
PRESTON G. RUBIN,
Mortgagees,

-versus-
ROSALINA S. LANCETA,
Mortgagor,

X-----X

RE-PUBLICATION
NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by the petitioner/mortgagee, **SPS, EMILIA SARILE RUBIN AND PRESTON G. RUBIN**, with postal address at A. Abadilla St., Sapa, Rosario, Cavite against respondents/mortgagor, **ROSALINA S. LANCETA** with postal address at (1) Blk 37 Lot 34, Diamond Village, Anabu 2F, Imus City, Cavite; and (2) Blk. 37 Lot 34, Diamond Village, Brgy. Salitran I, City of Dasmariñas, Cavite and for the satisfaction of the mortgaged debt which as of **APRIL 2024** amounts to **FOUR MILLION TWO HUNDRED THIRTY THREE THOUSAND PESOS AND 00/100 (Php4,233,000.00)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned, Sheriff will sell at public auction on **OCTOBER 08, 2024**, at 10:00 o'clock in the morning or soon thereafter in the Court Room of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Buro I, Dasmariñas City, Province of Cavite to the highest bidder and for CASH or CERTIFIED CHECK, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

Transfer Certificate of Title
No (T-988671) 057-2023043747

IT IS HEREBY CERTIFIED that certain land situated in BRGY. OF ANABU VII, (NOW SALITRAN) MUN. OF IMUS (NOW DASMARIÑAS), PROV. OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 34 OF THE SUBD. PLAN, PSD-042106-072989, BEING A PORTION OF LOT 5-B PSD-042109-059004, LRC REC. NO.) SITUATED IN THE BRGY. OF ANABU VII, (NOW SALITRAN) MUN. OF IMUS (NOW DASMARIÑAS), PROV. OF CAVITE, ISLAND OF LUZON, BOUNDED ON THE NE., ALONG LINES 1-2-3 BY RD. LOT 29, PCS-04-006191, ON THE NE., ALONG LINE 3-4 BY LOT 33, OF THE SUBD. PLAN; ON THE SW., ALONG LINES-4-5-6 BY BLK. 38, PCS-04-006191, AND ON THE NW., ALONG LINE 6-1 BY LOT 35, OF THE SUBD. PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN BEING., S., 74 DEG. 31'E., 756.75 M. FROM MON. 123, IMUS ESTATE; THENCE S., 11 DEG., 45'E., 1.50 M. TO PT. 2; THENCE S., 60 DEG., 28'E., 3.70 M. TO PT. 3; THENCE S., 18 DEG., 09'W., 18.92 M. TO PT.4; THENCE N., 71 DEG., 51'W., 4.46 M. TO PT. 5; THENCE S., 89 DEG., 24'W., 0.69 M. TO PT. 6; THENCE N., 18 DEG., 09'E., 19.88 M. TO PT. OF; BEGINNING, CONTAINING AN AREA OF NINETY NINE SQ. METERS & TWENTY SQ. DECIMETERS (99.20) SQUARE METERS. ALL POINTS REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY P.S. CYL. CON. MON. 15 X 60 CM; BEARING TRUE DATE OF ORIGINAL SURVEY JULY 27, 1905-JUNE 11, 1908 AND THAT OF THE SUBD. SURVEY FEB. 12, 1993 AND WAS APPROVED ON AUG. 12, 1994.

is registered in accordance with the provision of the Property Registration Decree in the name of **Owner: ROSALINA S. LANCETA, OF LEGAL AGE, FILIPINO, SINGLE Address: 189 B-7 KABISIG, CAINTA, RIZAL**

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event that the public auction should not take place on the said date and time, it shall be held on **OCTOBER 22, 2024**, at the same time and place without further notice.

Dasmariñas City, Cavite, August 28, 2024.

ARLYN P. BACELON
Sheriff IV

ATTY. MARCELA L. BAYBAY
Clerk of Court VI & Ex-Officio Sheriff

Sectoral groups benefit in P29 BBM Rice Program



PILA, Laguna (PIA) (PWD), solo parents and beneficiaries of Pantawid Family-ang Pilipino Program (4Ps) to have access to a cheap and affordable but with good quality of rice.

He stated: "We conducted further studies with the rice pricing, from how much our farmers invested, how much capital they put and all other expenses. It turned out that farmers could still make a profit and would not suffer losses at the price of P29 per kilo.

NIA IV-A Regional Manager Engineer Roberto Dela Cruz said that the BBM Rice program is part of the Contract Farming Program which aims to support Filipino farmers by providing an initial capital of P50,000 to cover the cost for farming inputs, land preparation, harvesting and hauling.

The program targets to help the public particularly Filipinos from vulnerable groups, including senior citizens, persons with disabilities

and beneficiaries of Pantawid Family-ang Pilipino Program (4Ps) to have access to a cheap and affordable but with good quality of rice.

He stated: "We conducted further studies with the rice pricing, from how much our farmers invested, how much capital they put and all other expenses. It turned out that farmers could still make a profit and would not suffer losses at the price of P29 per kilo. This allows them to earn profit while keeping the cost manageable for consumers."



The Bagong Bayaning Magsasaka (BBM) Rice program targets to help the public particularly Filipinos from vulnerable groups to have access to a cheap and affordable but with good quality of rice.

Jose Warlito Bertudis, 63, and a tricycle driver from Laguna, said that the BBM Rice program is a great help for him and his family given his limited income.

"We hope and also pray that the sale of affordable rice from the government continues, as it helps many people, including us because sometimes, we barely earn enough to cover the cost of rice," Bertudis said.

Beverly Pajaron, 41, a 4Ps beneficiary and mother of 7 children, expressed her satisfaction to be able to purchase affordable rice at P29 per kilo compared to the P55 per kilo of commercial rice she usually purchases at the market.

"I'm happy because rice is very expensive. We normally buy it at P55 per kilo, but here they sell it for only P29 per kilo, which is a significant saving for us. They also sold it 10 kilos per person, it is a great help, and I hope the program continues so everyone can benefit from it."

According to the data presented by agency, the pilot program covered 271 hectares of farmland in 2024, benefiting 216 farmers in the Calabarzon.

Dela Cruz added that NIA Region IV-A

aims to further expand the program to support the administration of President Ferdinand R. Marcos Jr. and its goal of achieving the objective of food security and strengthening the agriculture sector.

He then urged rice farmers in the region



NIA IV-A Regional Manager Engineer Roberto Dela Cruz during the launching of the P29 BBM Rice Program.

to join the Contract Farming Program to ensure a guaranteed market for their harvested rice and to help achieve rice sufficiency in the country, as well as to improve the quality of rice production.

"Anyone can join, as long as they are part of an irrigators association. This way, any assistance provided will be provided through the association. This approach ensures that all our farmers are united, and any assistance or intervention is coordinated through a single contact."

As of September 2024, 165 hectares of farmlands in the region have already been harvested, with 106 hectares expected to be harvested soon. (CO/PIA-4A)

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1) Blk. 37 Lot 34, Diamond Village, Anabu 2F, Imus City, Cavite
2) Blk. 37 Lot 34, Damond Village, Brgy. Salitran I, City of Dasmariñas, Cavite

Notice posted at:
1. The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite
2. The Bulletin Board of Dasmariñas City Hall
3. The Bulletin Board of Dasmariñas City Post Office
4. The Bulletin Board of Dasmariñas City Public Market

The one walking with the wise will become wise, But the one who has dealings with the stupid will fare badly.

Proverbs 13:20

Byaheng Cavite Familiarization Tour: Exploring Arts, Leisure, and Heritage of the province

The Office of the Provincial Tourism Officer facilitated a two-day Byaheng Cavite Familiarization Tour participated by content creators and travel agencies in the province who embarked on an exciting and unforgettable road trip to explore the gems and treasures of the province, on September 12 and 13, 2024.

The first day commenced with a warm welcome from Ms. Elinia Imelda Rozelle Sangalang, Cavite Provincial Tourism Officer, at the Provincial Capitol Grounds in Trece Martires City. Then, the tour headed to its first destination, the Geronimo Berenguer De Los Reyes (GBR) Museum in the City of General Trias where collections of various aviation models and historical illustrations are stored. A breakfast feast was served for the wanderers to have a taste of the city's cuisine.

Paraiso de June Quixote in the Municipality of Maragondon was the next drop, where participants tried the Skywalk Hanging Bridge that connects the Maragondon and Naic, and where tourists could see the statue of Lolong down the river trail. They also got to join a raft trip cruising along Maragondon River, through Alegria del Rio Balsa Cruises, with a splendid lunch that complimented the view of nature and a serenade to complete the enjoyable voyage. Last leg in the municipality



was the first-hand experience on traditional weaving of Maragondon artisans and their Habing Maragondon crafts and goods.

The tour wouldn't be complete without a visit to the most iconic historical place in the province – Museo ni Emilio Aguinaldo, the shrine that preserves the legacy of the first Philippine Republic President and the country's independence.

The first day concluded with a visit to the elegance of Brittany Hotel Villar City, in the City of Bacoor.

As the Byaheros continued their tour the following day, they assembled at MPT South Hub in the City of Imus, then headed to DEAFinitely Happy Store and Reciclar de Carmona – shops operated by persons with disabilities that feature recycled products in the City of Carmona. These ventures were established to give stable income to the PWDs and their families.

Afterward, they travelled to Amadeo, making a stop at Artisano Coffee Farm, witnessing the bean-to-cup process, while enjoying a sip of the farm's freshly brewed coffee, a definite perk for the

coffee lovers. Another destination in town was visited – the Alitaptap Artists Community, a village of artists from various genre, where participants were given an opportunity to immerse themselves and explore the deep meaning of every stroke and work. They also took part in a Sabayang Pahid that allowed them to showcase their creative and artistic sides. On top of that, the Byaheros and the Cavite Tourism office, with Ms. Sangalang, enjoyed a hearty meal in a boodle fight.

A hotel tour was also conducted at Taal Vista Hotel and Hotel Casiana in Tagaytay City. Subsequently, the group was welcomed to SVD Farm, touring them around their garden of fresh fruits and vegetables for the table dining which the participants got to enjoy afterwards, with other signature dishes.

As the Byaheng Cavite Familiarization Tour came to an end, the Byaheros made a stop at One Town, One Product Philippines (OTOP.Ph) Hub at D' Banquet Bakeshop and Restaurant, which sells various goods and products, for pasalubong shopping.

PGC Employees Attend Seminar on Basic Beekeeping and Management

As part of the Provincial Government of Cavite's (PGC) celebration of Employees Month, a seminar on Basic Beekeeping and Its Management was held recently, at the OP-CDO Training Area in Trece Martires City. The event was facilitated by the Office of the Provincial Veterinarian (OPV) in partnership with the Office of the Human Resource Management Officer (OPHRMO). The seminar aimed to enhance knowledge of PGC employees in beekeeping, fostering a new area of interest among participants.

Dr. May M. Magno delivered her welcome remarks, expressing her enthusiasm for the participants' willingness to learn new skills. Ms. Maria Fe M. Satsatin also extended her appreciation for the collabora-



tion between OPV and OPHRMO in making the seminar a success.

The lecture was led by Prof. Michelle T. Bono and Dr. Dickson N. Dimero, Director of the Bee Research, Innovation, Trade, and Extension (BRITE) Center, both of whom shared their expertise in bee farming, management practices, and the importance of bee-

keeping in sustainable agriculture.

The seminar provided employees with insights into bee biology, colony management, honey production, and the significant role of bees in maintaining environmental balance, aligning with the PGC's ongoing efforts to promote sustainable livelihood practices.--- OPIO

Better is a handful of rest than two handfuls of hard work and chasing after the wind.

Ecclesiastes 4:6



OPA visits Techno Demo Farm in Brgy. Palangue, Naic

Recently, the Office of the Provincial Agriculturist staff visited the technology demonstration farm in Brgy. Palangue, Naic to monitor the plant performance of eggplants using the Safe Vegetable Production on Rich Soil (SAVERS) technology.

The team meticulously assessed and analyzed the status of plants and provided technical inputs to farmers on the needed approaches for an abundant and more successful harvest.

Additionally, OPA staff recorded the growth performance of the eggplants and their positive reaction to the wood vinegar, charcoal, organic fertilizers, FFJ, and FPJ utilized by the farmers.

Ms. Rosita Legaspi, a farmer cooperater, shared her first-time experience with eggplant planting, and how the Office of the Provincial Agriculturist provided her with the knowledge, techniques, and inputs helpful for her growth and success in agriculture.-- OPIO

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PH sambo federation to host 2 major events next year

MANILA – Filipino sambo athletes will get the chance to show their skills in two major tournaments the country will hold next year.

The Bongbong Marcos “BBM Cup” will be staged in March at the SM Mall of Asia Arena Music Hall while the World Beach Sambo Championships is scheduled in September in Boracay.

Both tournaments will be supervised by Pilipinas Sambo Federation Inc. incoming project director Jose Antonio “Pepeton” Ejercito Goitia.

Six-time world champion Sydney Sy-Tancontian will lead the Philippine campaign in the BBM Cup and the World Beach Sambo Championships.

Three weeks ago, Sy-Tancontian (women’s +72kg) and Jeniva Consigna (women’s -72kg) bagged the bronze medals at the World Beach Sambo Championships held in Casablanca, Morocco.

“With the recent success of our national athletes on the international stage, we just want to express our humble gratitude to our sports officials for their continuous support, that’s why we want to try to host two international events here in the country next year

to show them what we have worked for in the past years by producing World medalists and being one of the Asia’s best,” PSFI president Paolo Tancontian said on Monday.

The PSFI has a very competitive team, which include Chino Sy, who has won medals in international tournaments, and combat fighters and mixed-martial arts champions Mark “Mugen” Striegl, Rene Catalan, Robin “The Ilonggo” Catalan, Marianne Mariano, Jomary “The Zambuguena” Torres and Zus Combat World challenger John McLeary “Pirata” Ornido.

The sambo federation, which was founded in Davao City, has a nationwide grassroots program which involves local government units (LGUs). It is promoting women’s sports in the University of Santo Tomas Sambo and Judo Club.

“We just want to show the Filipino people that we produce many athletes who provided more medals in international competitions, most of them are from the grassroots and we don’t need to import (naturalized) athletes to perform abroad. Most of our athletes are organic coming

from various public schools and universities,” said Tancontian, who got veteran sports official Red Dumuk as adviser.

“Because of such successes, PSFI’s desire to strengthen women’s sports will be further emphasized by us, especially since Filipinos have greater hopes for martial arts or combat sports events. The target is to spread the knowledge of Sambo throughout the country by launching a series of teaching and seminars, especially in the provinces because it is an excellent chance for Filipinos to succeed in martial arts. After all, they are naturally combative and good at fighting,” he added.

Tancontian thanked the Philippine Sports Commission (PSC), and Philippine Olympic Committee president and Tagaytay City Mayor Bambol Tolentino for their support.

“We’re looking and planning to have a series of seminars in the provinces for people to better understand Sambo because in combat sports, the Filipinos have a big chance. Especially in martial arts, there is punch and kick, the Filipinos are naturally good in combat sports,” he said. (PNA)

Discover Bold New Blends at AMA Coffee – SM City Tanza

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Visit its new store at 2nd level in front of The SM Store and experience the boldest blends you don’t want to miss.



SM City Trece Martires Showcases Action Figure Display, Delighting Shoppers of All Ages

SM City Trece Martires has recently unveiled TOYFEZT 2.0, an expansive display of action character figures, capturing the attention and excitement of shoppers from all age groups. The exhibit, featuring a wide array of iconic heroes and villains, has become a popular attraction, with visitors expressing their delight and enthusiasm. Many shoppers have shared how the display evokes a sense of nostalgia, while younger visitors are thrilled to see their favorite characters up close.

The display has quickly become a highlight of the mall, offering a joyful and engaging experience for everyone. Don’t miss out—come and experience the excitement for yourself at SM City Trece Martires!

